

# Semcac Senior Nutrition STEWARTVILLE

**APRIL 2024**

Meals are subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: right;"><b>1</b></p> <p>Chicken ala King Over/Biscuit Seasoned Peas  Coleslaw Mixed Fruit Cup</p>	<p style="text-align: right;"><b>2</b></p> <p>Veg Soup w/crackers Egg Salad on Bun Fruit Cup Chocolate Cherry Bar *Diab: Cookie</p>	<p style="text-align: right;"><b>3</b></p> <p>Hamburger on Bun w/Fixings Potato Salad Baked Beans w/Apples Cookie</p>	<p style="text-align: right;"><b>4</b></p> <p>Sweet Pepper Steak Rice Green Beans Mixed Green Salad Fruit Cocktail Cake Diab: Mixed Fruit Cup</p>	<p style="text-align: right;"><b>5</b></p> <p>Baked Fish/Tartar <b>Alt:</b> Beef Patty Hashbrown AuGrat Potato Whole Kernel Corn Fresh Oranges</p>
<p style="text-align: right;"><b>BUNCO 8</b></p> <p>Salisbury Steak <b>Alt:</b> Liver &amp; Onions Mashed Potatoes Mixed Vegetables Flavored Ice Cream *Diab: Vanilla Ice Cream</p>	<p style="text-align: right;"><b>9</b></p> <p>Garlic Season Pork Loin Oven Roasted Potatoes Green Beans w/Mushrooms  Baked Apple</p>	<p style="text-align: right;"><b>10</b></p> <p>Chicken Breast Baked Dumpling/Gravy Broccoli Coleslaw Mandarin Orange Desert *Diab: Mandarin Oranges</p>	<p style="text-align: right;"><b>BINGO 11</b></p> <p>Hamburger Gravy Over/Mashed Potato Parslied Carrots Apple Cranberry Crisp w/ Whipped Topping *Diab: Mixed Fruit Cup</p>	<p style="text-align: right;"><b>12</b></p> <p>Roast Beef Mashed Potatoes/Gravy Corn Fruit Cup</p>
<p style="text-align: right;"><b>15</b></p> <p>Swedish Meatballs Mashed Potatoes/Marg Herbed Green Beans Yogurt Fruit Cup </p>	<p style="text-align: right;"><b>16</b></p> <p>Beef Stew Seafoam Salad Rice Krispie Bar  *Diab: Cookie</p>	<p style="text-align: right;"><b>17</b></p> <p><b>Taco Salad</b> Sr Cr//Salsa Meat, Shredded Cheese Lettuce, D-Tomatoes Tostado Chips Mexican Corn Cookie</p>	<p style="text-align: right;"><b>18</b></p> <p>Goulash Corn Beet Pickles Fresh Orange</p>	<p style="text-align: right;"><b>19</b></p> <p>Chicken Parmesan Over/Spaghetti Noodles Romaine Salad Peach Halves *Diab: Fruit Cup</p>
<p style="text-align: right;"><b>BUNCO 22</b></p> <p>Baked Chicken Mashed Potatoes/Gravy Broccoli Blushing Pears  Diab Pear Cup</p>	<p style="text-align: right;"><b>BIRTHDAY 23</b></p> <p>Beef Sand w/ French Dip Potato Salad Cole Slaw Ice Box Dessert</p>	<p style="text-align: right;"><b>24</b></p> <p>Vegetable Beef Barley Soup w/Crackers Egg Sld Sand Five Cup Fruit Salad Peanut Butter Brownie : Cookie</p>	<p style="text-align: right;"><b>BINGO 25</b></p> <p>BBQ on Bun Potato Salad Baked Beans Apple Crisp w/Whip Top *Diab: Fruit</p>	<p style="text-align: right;"><b>26</b></p> <p>Roast Beef Mashed Potato/Gravy Harvard Beets Fresh Fruit </p>
<p style="text-align: right;"><b>29</b></p> <p>Swiss Steak in Tomato Sauce Mashed Potatoes Mixed Vegetables Orange/Pear Cup </p>	<p style="text-align: right;"><b>30</b></p> <p>Meatloaf Baked Potato w/SC Glazed Carrots Dinner Roll Apple Pie</p>	<p style="text-align: right;"><b>31</b></p>	<p><b>PLEASE - - - MAKE MEAL RESERVATIONS OR CANCELLATIONS 24 HOURS IN ADVANCE THANKS!!</b></p>	

Alternate on Menu = Diner's Choice

Supplier Inventory and Supply Chain difficulties continue to make a few changes to our menu likely.