

Stewartville Semcac Senior Nutrition

December 2024

Meals are subject to change

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
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| BUNCO 2 Chicken ala King Over Biscuit Coleslaw Mixed Fruit Cup | BIRTHDAY 3 Pork Steak Dressing Mixed vegetables Cinnamon Applesauce Moon Cake | 4 Cream of Broccoli Soup Crackers Chicken Salad Sandwich Strawberry Shortcake | 5 Meat Lasagna Tossed Salad Orange Wedges Garlic Bread Bar | 6 Kielbasa Alt: Baked Fish/Tartar Sc Scalloped Potatoes Carrots Fruit Cup |
| 9 Hawaiian Chicken Rice Pilaf Green Beans Orange Wedge Cookies | 10 Swedish Meatballs Mashed Potatoes Corn Mixed Fruit Cup | 11 Beef Sand w/ French Dip Potato Salad Coleslaw Chocolate Pudding w/ Whipped Topping | BINGO 12 Spaghetti & Meat Sauce Tossed Salad w/Dressing P/A Rings w/Cottage Ch Garlic Bread Cookie | 13 Baked Fish w/Tartar Sauce Alt: Beef Patty Baked Potatoes Parslied Carrots Mandarin Orange Dessert |
| BUNCO 16 Chili w/ Crackers Cornbread Muffin Cottage Cheese w/ Pear Half Cookies | 17 Hot Turkey over Bread/w Gravy Mashed Potatoes Buttered Beets Pumpkin Bar *Diab Fruit Cup | Christmas Dinner 18 Baked Ham Alt: Chicken Breast Baked Sweet Potato Green Beans w/Mushrooms Peppermint Ice Cream w/ Christmas Cookie (Small) Diab: Vanilla Ice Cream | 19 Hamburger w/ fixings Potato Salad Baked Beans w/ Apples Fresh Fruit Cup Cookie | 20 Rosemary Roast Pork Mashed Potatoes w/Gravy Mixed Vegetables Fruit Cup |
| 23 CLOSED WINTER HOLIDAY | 24 CLOSED WINTER HOLIDAY | 25 CLOSED WINTER HOLIDAY | 26 Salisbury Steak Augratin Potatoes Whole Kernel Corn Fresh Oranges | 27 BBQ Pork Loin Baked Potato/Sour Cream Calico Beans Rocky Road Pudding |
| 30 Swiss Steak w/ Red sauce Mashed Potatoes w/Gravy Corn Pineapple/Pear/Peach Cup | BRUNCH 10:00AM 31 Egg Bake w/ Sausage Alt: Cheese Egg Bake Cinnamon Roll Grapes Orange Juice | | | Call 507 533 4787 Before 1:00 pm For a meal |

Alternate on Menu = Diner's Choice

Supplier Inventory and Supply Chain difficulties continue to make a few changes to our menu likely.