

Meals are subject to change

# Semcac Senior Nutrition

December 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BUNCO</b> 1 Pork Loin Dressing with Gravy Mixed Vegetables Mixed Fruit Cup Peanut Butter Brownies	2 Creamed Chicken Over Biscuit Peas Orange Gingerbread Cake w/Topping	3 Vegetable Soup w/ Crackers Egg Salad Sandwich Five Cup Fruit Salad Moon Cake *Diab Cookie or Bar	4 Meat Lasagna Tossed Salad Orange Wedges Garlic Bread Cinnamon Applesauce *Diab Apple Sauce	5 Kielbasa <b>Alt:</b> Baked Fish/Tarter Sc Baked Potato/Sour Cream Corn Baked Apple
8 Salisbury Steak w Gravy Mashed Potatoes California Blend Cookie *Diab Fruit Cup	<b>Birthday Party</b> 9 Hawaiian Chicken Rice Pilaf Green Beans Orange Wedges Pudding *Diab Fruit Cup	10 Spaghetti w meat Sauce Tossed Salad P/A Rings w/ Cottage Ch Garlic Bread Bar	<b>BINGO</b> 11 Beef Sand w French Dip Potato Salad Coleslaw Chocolate Pudding	12 Baked Fish w/Tartar Sauce Beef Patty Scalloped Potatoes Parslied Carrots Mandarin Orange Dessert
<b>BUNCO</b> 15 Hamburger on a bun W/ Fixings Potato Salad Baked Beans Fresh Fruit	16 Hot Turkey Over Bread with Gravy Mashed Potatoes Peas and Carrots Pumpkin Bar	17 <b>Chef Salad</b> Ham <b>Alt:</b> Chicken Egg 1/2 , Lettuce, Tomato Wedge, Cheese, Croutons Hawaiian Cake Muffin	<b>Christmas Menu</b> 18 Baked Ham <b>Alt:</b> Chkn Breast Sweet Potatoes Green Beans w/Pimento Peppermint Ice Cream Christmas Cookie *Diab: Vanilla Ice Cream	19 Beef Stroganoff Mixed Green Salad Tomato Wedge Dinner Roll w/Marg Moon Cake *Diab Fruit
22 Swiss Steak with red Sauce Mashed Potatoes w/Gravy Corn Pineapple/Pear/Peach Cup	23 BBQ Pork Loin Baked Potato/Sour Cream Baked Beans Rocky Road Pudding *Diab Cookie or Bar	24 	25 <b>Winter Holiday</b>	26 <b>Winter Holiday</b>
29 Chicken Breast Baked Dumpling w/Gravy Mixed Vegetables Coleslaw Mandarin Orange Dessert *Diab Mandarin Oranges	30 Meatloaf Baked Potato Peas and Carrots Dinner Roll Apple Pie	<b>New Years Eve Brunch</b> <b>10:00 AM</b> 31 Egg & Sausage Bake <b>Alt: Egg Cheese Bake</b> Cinnamon Sweet Roll Roll Grapes Orange Juice	<b>January 1</b> <b>CLOSED</b> 	<b>January 2</b> <b>CLOSED</b> 

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**Alternate** on Menu = Diner's Choice  
**Supplier Inventory and Supply Chain** difficulties continue to make a few changes to our menu likely.