

Semcac Senior Nutrition

JUNE 2024

STEWARTVILLE

Meals are subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>PLEASE - - -</i></p> <p>MAKE MEAL RESERVATIONS OR CANCELLATIONS 24 HOURS IN ADVANCE THANKS</p>	<p>507-533-4787</p>	<p>All menus are subject to change.</p>		
<p>3</p> <p>Tator Tot Casserole Green Salad w/ tomato Pickle Spear Coconut Custard Pie Sq *Diab Cookie/Bar</p>	<p>4</p> <p>Ham & Cheese Pasta Alt: Chix & Cheese Pasta (Pasta on lettuce bed) Melon Wedge Crumb Cake</p>	<p>5</p> <p>Kielbasa/Saurkraut Alt: Salisbury Steak Baked Potato Green Beans Melon Cup</p>	<p>6</p> <p>Egg Salad on Bun Vegetable Pasta Salad Fruit Cup Cookie *Diab Cookie</p>	<p>7</p> <p>BBQ on Bun Hashbrowns AuGratin Calico Beans Fresh Orange</p>
<p>BUNCO 10</p> <p>Spaghetti Tossed salad Garlic Bread Pineapple ring Oatmeal Choc Chip Cookie</p>	<p>11</p> <p>Chicken Salad Sandwich Coleslaw Fruit Salad Cookie *Diab Cookie</p>	<p>12</p> <p>Taco Salad w/Tostato Chip/Fixings Mexican Corn Fruit Cup</p>	<p>BINGO 13</p> <p>Rosemary Roast Pork Mashed Potatoes/Gravy Peas & Carrots Strawberry Phoo Phoo *Diab Angel Food Cake</p>	<p>14</p> <p>Brats/On/Saurkraut w/Bun Alt: Hamburger on a Bun w/fixings Potato Salad Beans w/apples Watermelon Slice</p>
<p>17</p> <p>BBQ Pulled Pork on Bun Cheesy Hashbrowns Buttered Carrots Orange</p>	<p>18</p> <p>Smothered Chicken Alt: Liver & Onions Mashed Potatoes California Blend Veg Bar or Cookie *Diab Cookie/Bar</p>	<p>19</p> <p>CLOSED JUNETEENTH</p>	<p>Birthday Party 20</p> <p>Porcupine Meat Balls Mashed Potatoes Corn/ Pimento Spring Dessert *Diab Angel Food Cake</p>	<p>21</p> <p>Beef Sandwich w/French Dip Potato Salad Coleslaw Ice Box Dessert *Diab Peaches</p>
<p>BUNCO 24</p> <p>Goulash Green Salad Beet Pickles Oatmeal Choc Chip Bar *Diab Cookie</p>	<p>25</p> <p>Meatloaf Baked Potato w/Sour Crm Peas & Carrots Dinner Roll Apple pie</p>	<p>26</p> <p>Fruity Chicken Salad 3-Bean Salad Creamy Coleslaw Muffin Coconut/Pineapple Sq *Diab Fruit</p>	<p>BINGO 27</p> <p>Pork Chow Mein Over Rice Pineapple Rings Tossed Salad/Dressing Chocolate Yum Yum *Diab Fresh Fruit</p>	<p>28</p> <p>Hamburger Stroganoff Over Noodles California Blend Veg Spiced Peaches Cookie *Diab Cookie</p>