

# Semcac Senior Nutrition

# MAY 2024

Meals are subject to change

STEWARTVILLE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>1</p> <p>Chicken Alfredo Lasagna Tossed Salad/Dressing Garlic Bread Pineapple Slices Pudding</p>	<p>2</p> <p>Roast Pork Mashed Potatoes/Gravy Fresh Squash Fruit Cocktail Cake *Diab: Fresh Fruit</p>	<p>3</p> <p>Hamburger Stew Spiced Peaches Mild Gingerbread Cake w/Whipped Topping *Diab: Fruit Cup</p>
<p>6</p> <p>BBQ Pulled Pork on Bun Potato Salad Baked Beans Flavored Ice Cream</p>	<p>7</p> <p>Chicken Pot Pie Tossed Salad/Fixings Beet Pickles Starburst Cake *Diab Fruit Cup</p>	<p>8</p> <p>BBQ Meatballs Boiled Red Potatoes Cauliflower Pudding *Diab Banana</p> 	<p><b>BINGO</b> 9</p> <p>Hot Hamwich <b>Alt:</b> Turkeywich Potato Salad Marinated Green Beans Fresh Oranges</p> 	<p>10</p> <p>Beef Pot Roast W/Vegetables Waldorf Gelatin Salad Apple Crisp *Diab: Apple</p>
<p><b>BUNCO</b></p> <p>Hamburger Veg Soup Crackers Egg Salad Pear Cup Flavored Ice Cream *Diab Vanilla Ice Cream</p>	<p><b>Birthday Party</b> 14</p> <p>Porcupine Meatballs Mashed Potatoes Corn/Pimento Cherry Crisp w/Topping *Diab Angel Food Cake</p> 	<p>15</p> <p>Hamburger on Bun w/fixings Potato Salad Baked beans w/Apples Cookie</p>	<p>16</p> <p>Rosemary Pork Roast Mashed Potato/Gravy Buttered Carrots Fresh Banana</p> 	<p>17</p> <p>Fish Sand w/ch&amp;lettuce Alt:Beef Patty Roasted Potatoes Mixed Vegetables Chocolate Chip Cake *Diab Cookie</p>
<p>20</p> <p>Ham &amp; Sclded Potatoes <b>Alt:</b> Beef &amp; Sclded Pot. Dilled Carrots Green Salad Fruit Cup</p> 	<p>21</p> <p>Creamy Chicken Parm. Rice Pilaf Fresh Squash Tossed Salad/Dressing Cookie</p>	<p>22</p> <p>Meat Lasagna Tossed Salad Garlic Bread Lemon Bar *Diab Fruit</p> 	<p><b>BINGO</b> 23</p> <p>Baked Turkey Mashed Potatoes Green Beans Dinner Roll Pumpkin Bar</p>	<p>24</p> <p>Vegetable Soup/Cracker Egg Salad on Bun Macaroni Fruit Salad Oatmeal Cake *Diab: Cookie</p>
<p>27</p> <p><b>CLOSED FOR MEMORIAL DAY</b></p> 	<p>28</p> <p>Ham Balls Alt: Beef Patty Mashed Potatoes Corn Yogurt Fruit Cup</p>	<p>29</p> <p>Meatloaf Baked Potato Glazed Carrots Dinner Roll Apple Pie</p>	<p>30</p> <p>Beef Sand w/French Dip Potato Salad Coleslaw Ice Box Dessert *Diab Fruit</p>	<p>31</p> <p>Salsbury Steak Mashed Potatoes/Gravy Mixed Vegetables Fruit Cup</p>

Alternate on Menu = Diner's Choice

Supplier Inventory and Supply Chain difficulties continue to make a few changes to our menu likely.