

STEWARTVILLE

Semcac Senior Nutrition

November 2025

Meals are subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
In inclement weather: Please visit www.semcac.org Or visit our FB page Or call 507-864-8231		Call 507-533-4787 By 1:00pm the Day Before for A Meal!		
BUNCO 3 Chili Crackers Pineapple Slices Corn Muffin Pudding *Diab banana	4 Chicken Pot Pie Tossed Salad w/Fixings Orange Starburst Cake *Diab Fruit Cup	5 BBQ Meatballs Mashed Potatoes California Blend Flavored Ice Cream	6 Beef San w French Dip Potato Salad Coleslaw Butterscotch Pudding	7 Lasagna Salad w/Dressing 5-Cup Fruit Salad Garlic Bread Cookie *Diab Cookie
10 CLOSED	11 VETERAN'S DAY	12 Tator Tot Casserole Tossed Salad Banana Rice Krispie	BINGO 13 Creamy Chicken Parmesan Rice Pilaf Green Beans Orange Cookie *Diab Pineapple Tidbits	14 Porcupine Meatballs Mashed Potatoes Corn/Pimento Cherry Crisp with Topping *Diab Angel Food Cake
BUNCO 17 Hamburger on A Bun With Fixings Potato Salad Baked Beans Vanilla pudding w Bananas	18 BBQ on a Bun Oven Brownd Potatoes Coleslaw Dutch Apple Cake *Diab Fruit	Thanksgiving Dinner 19 Baked Turkey Mashed Potatoes/Gravy Bread Dressing Green Bean Casserole Pumpkin Crisp	20 Taco Casserole Carrots Pear Half/Cranberry Sauce Brownie *Diab Cookie	21 Ham & Bean Soup Crackers Chicken Salad San Cinnamon Applsac Gelatin Lemon Poppy Seed Cake
24 Ham Balls Alt: Beef Patty Augratin Potatoes Corn Yogurt Fruit Cup	25 Meatloaf Baked Potato w /SC Peas and Carrots Dinner Roll Apple Pie	Birthday Party 26 Spaghetti Green Salad Pear Slices Garlic Bread *Lemon Bar	27 Closed Thanksgiving	28 CLOSED

Alternate on Menu = Diner's Choice

Supplier Inventory and Supply Chain difficulties continue to make a few changes to our menu likely.